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ACADEMIC POSITIONS

Since 09/2016 Professor of Psychological Methods, Ruhr University Bochum, Germany
09/2014-08/2016 Assistant Professor, University of Cologne, Germany
07/2013-08/2014 Parental leave
08/2012-07/2013 Visiting Assistant Professor, University of Illinois at Chicago, USA
04/2011-06/2012 Post-Doctoral Scholar, University of Chicago, USA
03/2009 Visiting Researcher, Michigan State University, USA
05/2007-02/2011 Lecturer and Research Associate, Freie Universität Berlin, Germany
2006-2007 Teaching Assistant, University of Koblenz-Landau, Germany
2004-2007 Student Research Assistant, University of Koblenz-Landau, Germany

EDUCATION

2010 Dr. phil. (Ph.D.) in Psychology (*summa cum laude*), Freie Universität Berlin, Germany
2007 Diploma in Psychology (Master equivalent), University of Koblenz-Landau, Germany
2007 Degree in Communication Psychology & Media Education, University of Koblenz-Landau, Germany

FELLOWSHIPS AND GRANTS

2018-2019 Principal investigator of the research project "What are the ingredients of adversity? Examining characteristics of adverse events as predictors of character growth" (US\$ \$189,712) funded by the Pathways to Character Project (Arizona State University and John Templeton Foundation)
2017-2019 Principal investigator of the research project "The motivational consequences of life satisfaction" (€ 184,000) funded by the German Science Foundation (DFG) (LU 2053/2-1)
2016-2018 Principal investigator of the research project "Developing and Testing a Theoretical Model of the Pursuit of Well-Being" (US\$ 244,000) funded by the Happiness & Well-Being Project (St. Louis University and John Templeton Foundation)
2015 German Academic Exchange Service (DAAD)
Travel Grant to the Annual Meeting of the Society of Personality and Social Psychology (SPSP), February 26-28, 2015, Long Beach, CA, USA

2014-	Research Fellow at the German Institute for Economic Research
2014-2016	Co-investigator: German Science Foundation (DFG) research grant for "Further development of longitudinal multimethod models and their application in well-being research" ["Weiterentwicklung von Modellen der multimethodalen Veränderungsmessung und deren Anwendung im Bereich der Wohlbefindensforschung"] (EI379/6-2; 345,000 Euro; principal investigator: Michael Eid)
2012-2015	Member of the research network „Personality development in adulthood“ funded by the German Science Foundation (DFG) (SP 1462/1-1, Jule Specht)
2009	German Academic Exchange Service (DAAD) Travel Grant to Michigan State University, USA
2005-2007	German National Academic Foundation Fellow (Studienstiftung des Deutschen Volkes)
2003-2004	Erasmus Student Exchange Grant Université Libre de Bruxelles, Belgium

AWARDS

2016	Teaching award by the Department of Psychology for the best lecture on the bachelor level (<i>Personality Psychology</i>) in 2016
2016	Teaching award by the Department of Psychology for the best lecture on the master level (<i>Multivariate Data Analysis</i>) in 2015/16
2011	German Institute for Economic Research Best Scientific Publication 2009-2010 based on the SOEP data
2008	Best Paper Award at the Fourth International Young Scholars German Socio-Economic Panel Symposium 2008, Delmenhorst, Germany

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PEER-REVIEWED JOURNAL ARTICLES

- Luhmann, M.,** & Kalinski, A. (2018). How animals contribute to subjective well-being: A comprehensive model of protective and risk factors. *Journal of Positive Psychology, 13*(2), 200-214. doi: 10.1080/17439760.2016.1257054
- Luhmann, M.,** & Bleidorn, W. (2017). Changes in affect, cognition, and perceived behavioral changes among vicarious victims of the Paris terrorist attacks of November 13, 2015. *Social Psychology and Personality Science*. Advance online publication. doi: 10.1177/1948550617732818
- Denissen, J., Bleidorn, W., Hennecke, M., **Luhmann, M.,** Orth, U., Specht, J., & Zimmermann, J. (2017). Uncovering the power of personality to shape income. *Psychological Science*. Advance Online Publication. doi: 10.1177/0956797617724435
- Luhmann, M.** (2017). Using big data to study subjective well-being. *Current Opinion in Behavioral Sciences, 18*, 28-33. doi: 10.1016/j.cobeha.2017.07.006

- Schwaba, T., **Luhmann, M.**, Denissen, J. A. A., Chung, J. M., & Bleidorn, W. (2017). Openness to experience and culture-openness transactions across the lifespan. *Journal of Personality and Social Psychology*. Advance online publication. doi: 10.1037/pspp0000150
- Luhmann, M.**, & Hennecke, M. (2017). The motivational consequences of life satisfaction. *Motivation Science*, 3(1), 51-75. doi: 10.1037/mot0000048
- Stavrova, O., & **Luhmann, M.** (2016). Are conservatives happier than liberals? Not always and not everywhere. *Journal of Research in Personality*, 63, 29-35. doi: 10.1016/j.jrp.2016.04.011
- Luhmann, M.**, & Hawkley, L. C. (2016). Age differences in loneliness from late adolescence to oldest old age. *Developmental Psychology*, 50(6), 943-959. doi: 10.1037/dev0000117
- McGowan, S. K., Behar, E., & **Luhmann, M.** (2016). Examining the relationship between worry and sleep: A daily process approach. *Behavior Therapy*, 47, 460-472. doi:10.1016/j.beth.2015.12.003
- Luhmann, M.**, Bohn, J., Holtmann, J., Koch, T., & Eid, M. (2016). I'm lonely, can't you tell? Convergent validity of self- and informant ratings of loneliness. *Journal of Research in Personality*, 61, 50-60. doi: 10.1016/j.jrp.2016.02.002
- Luhmann, M.**, Necka, E. A., Schönbrodt, F. D., & Hawkley, L. C. (2016). Is valuing happiness associated with lower well-being? A factor-level analysis using the Valuing Happiness Scale. *Journal of Research in Personality*, 60, 46-50. doi: 10.1016/j.jrp.2015.11.003
- Stavrova, O., & **Luhmann, M.** (2016). Social connectedness as a source and consequence of meaning in life. *Journal of Positive Psychology*, 11(5), 470-479. doi: 10.1080/17439760.2015.1117127
- Luhmann, M.**, Murdoch, J. C., & Hawkley, L. C. (2015). Subjective well-being in context: County- and state-level socioeconomic context factors and individual moderators. *Social Psychological and Personality Science*, 6(29), 148-156. doi: 10.1177/1948550614548075
- Luhmann, M.**, Schönbrodt, F., Hawkley, L. C., & Cacioppo, J. T. (2015). Loneliness and social behaviors in a virtual social environment. *Cognition and Emotion*, 29(3), 548-558. doi: 10.1080/02699931.2014.922053
- Specht, J., **Luhmann, M.**, & Geiser, C. (2014). On the consistency of personality types across adulthood: Latent profile analyses in two large-scale panel studies. *Journal of Personality and Social Psychology*, 107(3), 540-556. doi: 10.1037/a0036863
- Luhmann, M.** (2014). Is studying traumatic events worth the effort? *European Journal of Personality*, 28(4), 343-344. doi: 10.1002/per.1970
- Luhmann, M.**, Weiss, P., Hosoya, G., & Eid, M. (2014). Honey, I got fired! A longitudinal dyadic analysis of the effect of unemployment on life satisfaction in couples. *Journal of Personality and Social Psychology*, 107(1), 163-180. doi: 10.1037/a0036394
- Specht, J., Bleidorn, W., Denissen, J. J. A., Hennecke, M., Hutteman, R., Kandler, C., **Luhmann, M.**, Orth, U., Reitz, A. K., & Zimmermann, J. (2014). What drives adult personality development? A comparison of theoretical perspectives and empirical evidence. *European Journal of Personality*, 28(3), 216-230. doi: 10.1002/per.1966
- Luhmann, M.**, Orth, U., Specht, J., Kandler, C., & Lucas, R. E. (2014). Studying changes in life circumstances and changes in personality: It's about time. *European Journal of Personality*, 28(3), 256-266. doi: 10.1002/per.1951
- Hofmann, W., **Luhmann, M.**, Fisher, R., Vohs, K. D., & Baumeister, R. F. (2014). Yes, but are they happy? Effects of trait self-control on affective well-being and life satisfaction. *Journal of Personality*, 82(4), 265-277. doi: 10.1111/jopy.12050

- Luhmann, M.**, Hawkey, L. C., & Cacioppo, J. T. (2014). Thinking about one's subjective well-being: Average trends and individual differences. *Journal of Happiness Studies*, 15(4), 757-781. doi: 10.1007/s10902-013-9448-5
- Hofmann, W., Kotabe, H., & **Luhmann, M.** (2013). The spoiled pleasure of giving in to temptation. *Motivation and Emotion*, 37(4), 733-742. doi: 10.1007/s11031-013-9355-4
- Luhmann, M.**, Lucas, R. E., Eid, M., & Diener, E. (2013). The prospective effect of life satisfaction on life events. *Social Psychological and Personality Science*, 4(1), 39-45. doi: 10.1177/1948550612440105
- Soto, C. J., & **Luhmann, M.** (2013). Who can buy happiness? Personality traits moderate the effects of stable income differences and income fluctuations on life satisfaction. *Social Psychological and Personality Science*, 4(1), 46-53. doi: 10.1177/1948550612444139
- Luhmann, M.**, Hawkey, L. C., Eid, M., & Cacioppo, J. T. (2012). Time frames and the distinction between affective and cognitive well-being. *Journal of Research in Personality*, 46(4), 431-441. doi: 10.1016/j.jrp.2012.04.004
- Luhmann, M.**, Hofmann, W., Eid, M., & Lucas, R. E. (2012). Subjective well-being and adaptation to life events: A meta-analysis. *Journal of Personality and Social Psychology*, 102(3), 592-615. doi: 10.1037/a0025948
- Berking, M., Poppe, C., **Luhmann, M.**, Wupperman, P., Jaggi, V., & Seifritz, E. (2012). Is the association between various emotion regulation skills and mental health mediated by the ability to modify emotions? Results from two cross-sectional studies. *Journal of Behavior Therapy and Experimental Psychiatry*, 43(3), 931-937. doi: 10.1016/j.jbtep.2011.09.009
- Norman, G. J., Hawkey, L. C., **Luhmann, M.**, Ball, A. B., Cole, S. W., Berntson, G. G., & Cacioppo, J. T. (2012). Variation in the oxytocin receptor gene influences neurocardiac stress reactivity to social stress and HPA function: A population based study. *Hormones and Behavior*, 61(1), 134-139. doi: 10.1016/j.yhbeh.2011.11.006
- Luhmann, M.**, Schimmack, U., & Eid, M. (2011). Stability and variability in the relationship between subjective well-being and income. *Journal of Research in Personality*, 45(2), 186-197. doi: 10.1016/j.jrp.2011.01.004
- Luhmann, M.**, & Eid, M. (2009). Does it really feel the same? Changes in life satisfaction following repeated life events. *Journal of Personality and Social Psychology*, 97(2), 363-381. doi: 10.1037/a0015809
- Best Publication Award 2011 of the German Institute for Economic Research

BOOKS

- Luhmann, M.** (2015). *R für Einsteiger. Einführung in die Statistiksoftware für die Sozialwissenschaften (4th ed.). [R for beginners. Introduction to the statistical software for the social sciences.]* Weinheim: Beltz.
- Luhmann, M.** (2008). *Heute schon gegruschelt? Nutzertypen des StudiVZ. [User typology of a German social network platform.]* Marburg: Tectum.

BOOK CHAPTERS AND OTHER PUBLICATIONS

- Luhmann, M.**, & Intelisano, S. (in press). Hedonic adaptation and the set point for subjective well-being. In E. Diener, S. Oishi, & L. Tay (Eds.), *Handbook of Well-Being*. www.nobascholar.com
- Luhmann, M.** (2017). Development of subjective well-being. In J. Specht (Ed.), *Personality development across the life span* (pp. 197-218). London: Elsevier. doi: 10.1016/B978-0-12-804674-6.00013-2

- Hawkley, L. C., Duvoisin, R., Ackva, J., Murdoch, J. C., & **Luhmann, M.** (2016). Loneliness in older adults in the USA and Germany: Measurement invariance and validation. *Working Paper Series, NORC at the University of Chicago, Paper 2015-002*.
- Luhmann, M.** (2014). Income influence on satisfaction/happiness. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life and Well-Being Research* (pp. 3126-3129). New York, NY: Springer.
- Luhmann, M.** (2014). Long-term changes in well-being. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life and Well-Being Research* (pp. 3703-3706). New York, NY: Springer.
- Norman, G. J., Hawkley, L. C., **Luhmann, M.**, Cacioppo, J. T., & Berntson G. G. (2013). Social neuroscience and the modern synthesis of social and biological levels of analysis. In D. D. Franks & J. H. Turner (Eds.), *Handbook of Neurosociology* (pp. 67-81). New York, NY: Springer.
- Aiken, L. S., West, S. G., **Luhmann, M.**, Baraldi, A., & Coxe, S. J. (2012). Estimating and graphing interactions. In H. Cooper, P. M. Camic, D. L. Long, A. T. Panter, D. Rindskopf, & K. J. Sher (Eds.), *The Handbook of Research Methods in Psychology: Vol. 3. Data Analysis and Research Publication* (pp. 101-129). Washington, D.C.: American Psychological Association. doi: 10.1037/13621-005
- Eid, M., & **Luhmann, M.** (2012). Models of measurement of persons in situations. In N. E. Seel (Ed.), *Encyclopedia of the Sciences of Learning* (pp. 2323-2325). New York, NY: Springer.
- Luhmann, M.**, & Eid, M. (2012). Studying reaction to repeated life events with discontinuous change models using HLM. In G. D. Garson (Ed.), *Hierarchical Linear Modeling: Guide and Applications* (pp. 273-289). Thousand Oaks: Sage Publications.
- Luhmann, M.**, & Eid, M. (2012). Measurement of change in learning. In N. E. Seel (Ed.), *Encyclopedia of the Sciences of Learning* (pp. 2137-2140). New York, NY: Springer.
- Luhmann, M.**, & Eid, M. (2012). Methodology of learning research: Meta-analyses. In N. E. Seel (Ed.), *Encyclopedia of the Sciences of Learning* (pp. 2260-2263). New York, NY: Springer.
- Böttcher, K., & **Luhmann, M.** (2011). Die Self-perceived Employability Scale. Vorstellung, Übersetzung und Validierung einer deutschen Version. [The self-perceived employability scale. Description, translation and validation of a German version]. *Wirtschaftspsychologie Aktuell*, 2011(1), 17-20.
- Luhmann, M.**, Crayen, C., & Eid, M. (2010). Entwicklung der Sorgen um die wirtschaftliche Situation in Ost- und Westdeutschland. [Development of worries about the economic situation in East and West Germany.] In I. Ostner & P. Krause (Eds.), *Leben in Ost- und Westdeutschland. Eine sozialwissenschaftliche Bilanz der deutschen Einheit 1990-2010 [Life in East and West Germany. A social scientific account of the German Unity]* (pp. 751-766). Frankfurt am Main: Campus.
- Eid, M., Lischetzke, T., Nussbeck, F. W., Geiser, C., **Luhmann, M.**, & Mallach, N. (2008). Subjective well-being, sun protection behavior, and multimethod measurement: Major research themes of the Methodology Group at the Freie Universität Berlin. *Zeitschrift für Gesundheitspsychologie*, 16(3), 119-122. doi:10.1026/0943-8149.16.3.119
- Luhmann, M.** (2006). Sozialer Austausch im Sinfonieorchester. [Social exchange in symphony orchestras.] In K. Götz (Ed.), *Führung und Kunst [Leadership and Art]* (pp. 127-140). München: Rainer Hampp Verlag.
- Braun, O. L., Lillig, M., **Luhmann, M.**, Nickolaus, S., Lanckenau, I. & Schefczik, M. (2003). Kundenzufriedenheits-analyse in Universitätsbibliotheken. [Analysis of customer satisfaction in university libraries.] *Zeitschrift für Bibliothek, Information und Technologie*, 6, 249-257.

THESES

- Luhmann, M.** (2010). *Can happiness change? The short- and long-term relationships between subjective well-being and external circumstances*. Doctoral dissertation, Freie Universität Berlin, Germany. Advisors: Michael Eid and Richard E. Lucas.
- Luhmann, M.** (2007). *User typology for a German social network platform*. Master thesis, Communication Psychology and Media Education, University of Koblenz-Landau, Germany. Advisors: Uli Gleich and Michaela Maier.
- Luhmann, M.** (2006). *Leader-member exchange and team-member exchange in the symphony orchestra*. Master thesis, Psychology, Universität Koblenz-Landau, Germany. Advisors: Fred Müller and Ottmar Braun.

INVITED TALKS (* DENOTES TALKS FOR THE GENERAL PUBLIC)

- * **Luhmann, M.** (2016, October). Glücksfaktoren [Happiness factors]. Public talk presented at Gürzenich, Cologne, October 4, 2016.
- Luhmann, M.** (2016, July). *The bidirectional association between life events and life satisfaction*. Invited talk presented at the University of Aachen, July 4, 2016.
- Luhmann, M.** (2016, June). *Stimmung bei Fußballfans. [Mood among soccer fans]*. Invited talk presented at the colloquium of the Institut für Kognitions- und Sportspielforschung at the Deutsche Sporthochschule Köln, June 7, 2016.
- * **Luhmann, M.** (2016, May). *Wer bin ich? Ein Einblick in die Psychologie der Persönlichkeit. [Who am I? An introduction to the psychology of personality]*. Public talk presented at the DuMont Studio, Cologne, May 11, 2016.
- Luhmann, M.** (2016, February). *Determinanten und Konsequenzen von Lebenszufriedenheit. [Determinants and consequences of life satisfaction]*. Invited talk presented at the University of Koblenz-Landau, Landau, February 12, 2016.
- Luhmann, M.** (2015, May). *Die Set-Point-Theorie des subjektiven Wohlbefindens. [The set-point theory of subjective well-being]*. Invited talk presented at the colloquium of the Institut für Kognitions- und Sportspielforschung at the Deutsche Sporthochschule Köln, May 12, 2015.
- Luhmann, M.** (2014, November). *Das glückliche Leben: Empirische Befunde aus der psychologischen Glücksforschung. [The happy life: Empirical findings from psychological happiness research]*. Invited talk presented at the Doctoral Workshop of the German National Academic Foundation (Studienstiftung des Deutschen Volkes), November 14, 2014.
- Luhmann, M.** (2014, April). *Changes in life circumstances and subjective well-being. Towards a bidirectional model*. Invited talk presented at the Developmental Psychology Brownbag, Tilburg University, April 10, 2014.
- Luhmann, M.** (2013, February). *Changes in life circumstances and subjective well-being. Towards a bidirectional model*. Invited talk presented at the Division of Epidemiology and Biostatistics seminar, School of Public Health, University of Illinois at Chicago, February 8, 2013.
- Luhmann, M.** (2012, November). *Changes in life circumstances and subjective well-being. Towards a bidirectional model*. Invited talk presented at the Social and Personality Brown Bag, Washington University in St. Louis, November 2, 2012.
- Luhmann, M.** (2012, April). *Subjective well-being and life events*. Invited job talk presented at the University of Illinois at Chicago, April 9, 2012.

- Luhmann, M.** (2012, January). *The effects of life circumstances on changes in subjective well-being*. Invited talk presented at the Workshop on Human Potential, The Harris School, University of Chicago, January 31, 2012.
- Luhmann, M.** (2011, November). *Subjective well-being and adaptation to life events: A meta-analysis*. Invited talk presented in the Graduate Student Proseminar, Department of Psychology, University of Chicago, November 22, 2011.
- Luhmann, M.** (2011, September). *Veränderungen der Lebenszufriedenheit nach Lebensereignissen. [Changes in life satisfaction after life events.]* Invited talk presented at the workshop "Die affektive Dimension sozialer Ungleichheit: Sozialwissenschaftliche und psychologische Perspektiven" [The affective dimension of social inequality: social scientific and psychological perspectives.], Berlin, Germany, September 29, 2011.
- Luhmann, M.** (2011, February). *The short and long-term relationships between subjective well-being and life circumstances*. Invited talk presented at the Behavioral Science Workshop, Center for Decision Research, Chicago Booth School of Business, February 7, 2011.
- Luhmann, M.** (2009, March). *Does it really feel the same? Changes in life satisfaction following repeated life events*. Invited talk presented at the Social/Personality Brown Bag Speaker Series, Department of Psychology, Michigan State University, East Lansing, Michigan, USA, March 6, 2009.

ORGANIZED SYMPOSIA

- Mund, M., & **Luhmann, M.** (2016, September). *All those lonely people: Recent findings on determinants, consequences, and the life-span development of loneliness*. Symposium presented at the 50th Congress of the Deutsche Gesellschaft für Psychologie (German Psychological Association), Leipzig, Germany, September 18-22, 2016.
- Finn, C., & **Luhmann, M.** (2014, September). *Determinanten und Konsequenzen subjektiven Wohlbefindens. [Determinants and consequences of subjective well-being.]* Symposium presented at the 49th Congress of the Deutsche Gesellschaft für Psychologie (German Psychological Association), Bochum, Germany, September 21-25, 2014.
- Luhmann, M.**, & Lucas, R. E. (2013, January). *Happy places, happy people. Integrating individual and socioecological perspectives on subjective well-being*. Symposium presented at the 2013 SPSP meeting, New Orleans, January 17-19, 2013.
- Specht, J., & **Luhmann, M.** (2011, September). *Die dynamischen Beziehungen zwischen Lebensereignissen, Persönlichkeit und Wohlbefinden. [The dynamic relationships between life events, personality, and well-being.]* Symposium presented at the 11th Meeting of the Personality and Diagnostics Section of the Deutsche Gesellschaft für Psychologie, Saarbrücken, Germany, September 26-28, 2011.

CONFERENCE PRESENTATIONS

- Bücker, S., Nuraydin, S., Simonsmeier, B., Schneider, M., & **Luhmann, M.** (2017, September). *Subjective well-being and academic achievement: A meta-analysis*. Talk presented at the Joint Conference of the Developmental and Educational Psychology Sections of the Deutsche Gesellschaft für Psychologie, Münster, Germany, September 11-14, 2017.
- Luhmann, M.** (2017, September). *Lebenszufriedenheit als Motivator: Ein selbstregulatorisches Modell der Lebenszufriedenheit. [Life satisfaction as motivator: A self-regulatory model of life satisfaction.]* Talk presented at the 14th meeting of the Personality and Diagnostics Section of the Deutsche Gesellschaft für Psychologie, München, Germany, September 4-6, 2017.

- Luhmann, M., & Bleidorn, W.** (2017, June). *Changes in affect, cognition, and behavior after the Paris terrorist attacks of November 13, 2015*. Talk presented at the 5th Biennial Conference of the Association for Research in Personality (ARP), Sacramento, CA, USA, June 8-10, 2017.
- Luhmann, M., & Intelisano, S.** (2017, June). *Developing and testing a theoretical model of the pursuit of well-being*. Talk presented at the Midpoint Well-Being Workshop of the Happiness & Well-Being Project, St. Louis, MO, USA, June 1-3, 2017.
- Luhmann, M.** (2017, January). *The motivational consequences of life satisfaction*. Talk presented at the Happiness & Well-Being Preconference at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX, USA, January 18, 2017.
- Schwaba, T., **Luhmann, M.**, Denissen, J. J. A., Chung, J. M., & Bleidorn, W. (2017, January). *A night at the O-pera: Culture-openness transactions across the life span*. Talk presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX, USA, January 18-20, 2017.
- Luhmann, M., & Hawkley, L. C.** (2016, September). *Age differences in loneliness from late adolescence to oldest old age*. Talk presented at the 50th Congress of the Deutsche Gesellschaft für Psychologie (German Psychological Association), Leipzig, Germany, September 18-22, 2016.
- Denissen, J. A. A., **Luhmann, M.**, Chung, J. M., & Bleidorn, W. (2016, July). *High-resolution analysis of selection effects, anticipatory changes, and post-event changes in personality following common demographic life events*. Talk presented at the 18th European Conference on Personality, Timisoara, Romania, July 19-23, 2016.
- Schwaba, T., **Luhmann, M.**, Denissen, J. J. A., Chung, J. M., & Bleidorn, W. (2016, July). *A night at the Opera: cultural behavior and changes in openness to experience across the lifespan*. Talk presented at the 18th European Conference on Personality, Timisoara, Romania, July 19-23, 2016.
- Luhmann, M.**, Bohn, J., Holtmann, J., Koch, T., & Eid, M. (2016, March). *Convergent validity of self- and informant-ratings of loneliness*. Talk presented at the World Congress of Personality, Buzios, Brazil, March 31 – April 4, 2016.
- Bohn, J., Holtmann, J., Eid, M. **Luhmann, M.**, & Koch, T. (2015, September). *Der Zusammenhang von Bindung und Wohlbefinden bei jungen Erwachsenen in der Selbst- und Elternsicht. [The correlation between attachment and well-being among young adults using self- and other reports.]* Talk presented at the 13th Meeting of the Personality and Diagnostics Section of the Deutsche Gesellschaft für Psychologie, Mainz, Germany, September 21-23, 2015.
- Luhmann, M.**, Necka, E. A., Schönbrodt, F., & Hawkley, L. C. (2015, September). *Valuing happiness: Eine mehrdimensionale Perspektive [Valuing happiness: A multidimensional perspective.]*. Talk presented at the 13th Meeting of the Personality and Diagnostics Section of the Deutsche Gesellschaft für Psychologie, Mainz, Germany, September 21-23, 2015.
- Luhmann, M.** (2015, March). *The effect of unemployment on life satisfaction in couples*. Talk presented at the First International Congress of Psychological Science, Amsterdam, Netherlands, March 12-14.
- Luhmann, M.** (2015, February). *The effects of transitions into and out of unemployment on life satisfaction in couples*. Talk presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA, USA, February 26-28, 2015.
- Luhmann, M.** (2014, September). *Die motivationalen Konsequenzen der Lebenszufriedenheit. [The motivational consequences of life satisfaction]*. Talk presented at the 49th Congress of the Deutsche Gesellschaft für Psychologie (German Psychological Association), Bochum, Germany, September 21-25, 2014.
- Luhmann, M.** (2014, July). *The motivational consequences of life satisfaction*. Talk presented at the 17th European Conference on Personality, Lausanne, Switzerland, July 15-19, 2014.

- Barker, S., Geiser, C., Specht, J., & **Luhmann, M.** (2014, April). *How consistent are personality profiles across nations?* Poster presented at the 2014 convention of the Rocky Mountain Psychological Association, Salt Lake City, UT, USA, April 24-26, 2014.
- Luhmann, M.**, Murdoch, J. C., & Hawkey, L. C. (2013, January). *Neuroticism moderates the effects of the socioeconomic context on subjective well-being.* Talk presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA, USA, January 17-19, 2013.
- Specht, J., **Luhmann, M.**, & Geiser, C. (2013, January). *Development of personality types in adulthood: A latent profile analysis in two large-scale panel studies.* Talk presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA, USA, January 17-19, 2013.
- Specht, J., & **Luhmann, M.** (2012, September). *Not your type after all? Age and marital changes impact the development of personality typologies.* Talk presented at the 48th Congress of the Deutsche Gesellschaft für Psychologie (German Psychological Association), Bielefeld, Germany, September 23-27, 2012.
- Luhmann, M.**, Hawkey, L. C., Norman, G. J., & Cacioppo, J. T. (2012, July). *Loneliness during the retirement transition: A longitudinal study.* Talk presented at the International Association for Relationship Research Conference, Chicago, IL, USA, July 12-16, 2012.
- Luhmann, M.**, Hawkey, L. C., Eid, M., & Cacioppo, J. T. (2012, May). *Time frames and the distinction between affective and cognitive well-being.* Poster presented at the APS Annual Convention, Chicago, IL, USA, May 24-27, 2012.
- Hawkey, L. C., Murdoch, J. C., & **Luhmann, M.** (2012, May). *Regional variation in loneliness and life satisfaction in the United States.* Talk presented at the APS Annual Convention, Chicago, IL, USA, May 24-27, 2012.
- Luhmann, M.**, Hofmann, W., Eid, M., & Lucas, R. E. (2012, January). *Subjective well-being and adaptation to life events: A meta-analysis on differences between cognitive and affective well-being.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA, January 26-28, 2012.
- Norman, G. J., Hawkey, L. C., Ball, A. B., **Luhmann, M.**, Cole, S. W., Berntson, G. G., & Cacioppo, J. T. (2011, November). *Genetic variation in the oxytocin receptor is associated with alterations in perceived social isolation, social rejection and psychological stress reactivity: A population based study in older individuals.* Poster presented at the Annual Meeting of the Society for Social Neuroscience, Washington, D. C., November 10-11, 2011.
- Hawkey, L. C., **Luhmann, M.**, Bell, J. et al. (2011, October). *Intervening to enhance social resilience in Army Soldiers: Preliminary results of a randomized controlled pre-post study.* Talk presented at the Society of Experimental Social Psychology annual conference, Washington, D.C., October 13-15, 2011.
- Luhmann, M.**, Eid, M., Hawkey, L. C., & Cacioppo, J. T. (2011, September). *Die differentielle Stabilität von affektivem und kognitivem Wohlbefinden: Welchen Einfluss hat die temporale Instruktion? [The differential stability of affective and cognitive well-being: What is the effect of the temporal instruction?]* Talk presented at the 11th Meeting of the Personality and Diagnostics Section of the Deutsche Gesellschaft für Psychologie, Saarbrücken, Germany, September 26-28, 2011.
- Weiss, P., **Luhmann, M.**, & Eid, M. (2011, September). *Arbeitslosigkeit in Paaren: eine Längsschnittstudie zum Effekt von Arbeitslosigkeit auf die Lebenszufriedenheit bei Betroffenen und ihren Partnern. [Unemployment in couples: A longitudinal study on the effects of unemployment on life satisfaction of the unemployed and their partners.]* Talk presented at the 11th Meeting of the Personality and Diagnostics Section of the Deutsche Gesellschaft für Psychologie, Saarbrücken, Germany, September 26-28, 2011.
- Hofmann, W., Vohs, K. D., **Luhmann, M.**, & Baumeister, R. F. (2011, July). *Guilt, regret, and pride in everyday self-regulation.* Talk presented at the Plenary Meeting of the International Society for Research on Emotion, Kyoto, Japan, July 26-29, 2011.

- Luhmann, M.,** Hofmann, W., Lucas, R. E., & Eid, M. (2011, June). *Subjective well-being and adaptation to life events: A meta-analysis*. Poster presented at the 2nd Biennial Conference of the Association for Research in Personality, Riverside, CA, June 16-18, 2011.
- Luhmann, M.,** Eid, M., Hofmann, W., & Lucas, R. E. (2010, September). *Eine metaanalytische Überprüfung der Adaptationshypothese des subjektiven Wohlbefindens. [A meta-analytical examination of the adaptation hypothesis of subjective well-being.]* Talk presented at the 47th Congress of the Deutsche Gesellschaft für Psychologie (German Psychological Association), Bremen, Germany, September 27-30, 2010.
- Hunold, H., **Luhmann, M.,** Eid, M., Lucas, R. E., & Diener, E. (2010, September). *Haben glückliche Menschen mehr Glück? Subjektives Wohlbefinden als Prädiktor von Lebensereignissen. [Are happy people lucky people? Subjective well-being as a predictor of life events.]* Talk presented at the 47th Congress of the Deutsche Gesellschaft für Psychologie (German Psychological Association), Bremen, Germany, September 27-30, 2010.
- Luhmann, M.,** Eid, M., Lucas, R. E., & Diener, E. (2010, January). *Not everything happens to anybody. Subjective well-being as a predictor of life events*. Poster presented at the 11th annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV, USA, January 28-30, 2010.
- Berking, M., Margraf, M., **Luhmann, M.,** Wuppermann, P., Ebert, D., & Junghanns, K. (2009, November). *Emotion regulation skills as a predictor of relapse during and after treatment of alcohol dependence*. Poster presented at the 43rd Annual Meeting of the Associations for Behavioral and Cognitive Therapy, New York City, NY, November 19-22, 2009.
- Wuppermann, P., Poppe, C. M., **Luhmann, M.,** Ebert, D., & Seifritz, E. (2009, November). *Are all emotion regulation skills created equal - or are some more important than others?* Poster presented at the 43rd Annual Meeting of the Association for Behavioral and Cognitive Therapy, New York City, NY, November 19-22, 2009.
- Luhmann, M.,** Schimmack, U., & Eid, M. (2009, September). *Macht Geld doch glücklich? Der Zusammenhang zwischen Einkommen und Wohlbefinden im Sozio-Ökonomischen Panel (SOEP). [Does money buy happiness after all? The relation of income and well-being in the Socio-Economic Panel (SOEP).]* Talk presented at the 10th Meeting of the Personality and Diagnostics Section of the Deutsche Gesellschaft für Psychologie, Landau, Germany, September 28-30, 2009.
- Luhmann, M.,** & Eid, M. (2009, July). *Income and life satisfaction*. Talk presented at the Association for Research in Personality First Stand-Alone Conference, Evanston, IL, USA, July 17-18, 2009.
- Luhmann, M.** (2008, October). *Moderatoren der Adaptation bei Lebensereignissen. [Moderators of adaptation to life events.]* Talk presented at the Graduate Student Workshop of the Personality and Diagnostics Section of the Deutsche Gesellschaft für Psychologie, Landau, Germany, October 13-16, 2008.
- Luhmann, M.** & Eid, M. (2008, July). *Intraindividual and interindividual variation in life satisfaction following multiple life events*. Talk presented at the XXIX International Congress of Psychology, Berlin, Germany, July 21-25, 2008.
- Luhmann, M.** (2008, March). *Intraindividual and interindividual variation in life satisfaction following repeated life events*. Talk presented at the Fourth International Young Scholars German Socio-Economic Panel Symposium 2008, Delmenhorst, Germany, March 1-2, 2008.

APPLIED STATISTICS WORKSHOPS

- 2017 Data visualization in R
2.5-hour invited workshop at the annual meeting of the Society for Personality and Social Psychology (SPSP), San Antonio, TX, USA, January 18, 2017
- 2016 Introduction to R
2-day workshop at the RWTH Aachen, Germany
- 2016 Multilevel modeling with R
2-day workshop at the University of Ulm, Germany
- 2015 Structural equation modeling with R
1-day preconference workshop at the 13th Meeting of the Personality and Diagnostics Division of the Deutsche Gesellschaft für Psychologie, Mainz, Germany
- 2014 Introduction to R
2-day workshop at the University of Bielefeld, Germany
- 2011 Introduction to R
2-day workshop at Arizona State University, Phoenix, AZ, US
- 2011 Introduction to R
2-day workshop at Princeton University, Princeton, NJ, US
- 2011 Introduction to R
1-day preconference workshop at the 11th Meeting of the Personality and Diagnostics Division of the Deutsche Gesellschaft für Psychologie, Saarbrücken, Germany
- 2011 Advanced multilevel modeling
0.5-day workshop at the University of Chicago, Chicago, IL, US
- 2011 Introduction to multilevel modeling
0.5-day workshop at the University of Chicago, Chicago, IL, US
- 2011 Introduction to R
0.5-day workshop at the University of Chicago, Chicago, IL, US
- 2010 Introduction to R
1-day workshop at the Freie Universität Berlin, Germany
- 2010 Multilevel analysis with HLM
2-day workshop at the Freie Universität Berlin, Germany
(with Tanja Lischetzke)
- 2010 Introduction to R
1-day workshop at the Institute of Quality Improvement in Education, Berlin, Germany
- 2010 Introduction to R
2-day workshop at the Max Planck Institute (MPI), Berlin, Germany
- 2010 Introduction to multilevel analysis with HLM
2-day workshop at the Ludwig-Maximilians-Universität München, Germany
- 2010 Introduction to multilevel analysis with HLM
2-day workshop at the Technische Universität Chemnitz, Germany

- 2010 Introduction to multilevel analysis with HLM
2-day workshop at the University of Zürich, Switzerland
- 2009 Introduction to R
0.5-day workshop at the Freie Universität Berlin, Germany
- 2009 Introduction to multilevel analysis with HLM
2-day workshop at the Freie Universität Berlin, Germany
(with Tanja Lischetzke and Claudia Crayen)
- 2009 Multilevel analysis with HLM
1-day workshop at the University of Würzburg, Germany
- 2008 Analyzing longitudinal data with multilevel models
2-day workshop at the University of Trier, Germany

TEACHING: GRADUATE/MASTER LEVEL

- 2017 Multivariate data analysis (lecture)
Ruhr University Bochum, Germany
- 2016 Multivariate data analysis (lecture and seminars)
Ruhr University Bochum, Germany
- 2016 Multilevel modeling in R (seminar)
University of Cologne, Germany
- 2015 Multivariate data analysis in R (seminar)
University of Cologne, Germany
- 2015 Multivariate data analysis (lecture)
University of Cologne, Germany
- 2015 Structural equation modeling with lavaan
University of Cologne, Germany
- 2014 Multivariate data analysis with R
University of Cologne, Germany
- 2014 Multilevel modeling
University of Cologne, Germany
- 2013 Multivariate data analysis
University of Illinois at Chicago, IL, USA
- 2013 Introduction to R
University of Illinois at Chicago, IL, USA
- 2013 Emerging research issues in psychology
University of Illinois at Chicago, IL, USA
- 2012 Latent variable models
University of Illinois at Chicago, IL, USA

- 2012 Emerging research issues in psychology
University of Illinois at Chicago, IL, USA
- 2010 Multiple regression: Theory and practical implementation in R
Freie Universität Berlin, Germany
- 2010 Multilevel analyses with HLM
Freie Universität Berlin, Germany
- 2010 Reading and evaluating empirical articles
Freie Universität Berlin, Germany
- 2009 Multilevel analyses with HLM
University of Koblenz-Landau, Germany
- 2008 Reading and evaluating empirical articles
Freie Universität Berlin, Germany

TEACHING: UNDERGRADUATE/BACHELOR LEVEL

- 2017 Statistics and applied data analysis 1 (lecture and seminars)
Ruhr University Bochum, Germany
- 2017 Test theory (lecture)
Ruhr University Bochum, Germany
- 2017 Psychological methods and statistics 2 (lecture and seminars)
Ruhr University Bochum, Germany
- 2016 Introduction to psychological methods (lecture)
Ruhr University Bochum, Germany
- 2016 Personality psychology (lecture)
University of Cologne, Germany
- 2015 Subjective well-being (seminar)
University of Cologne, Germany
- 2012 Statistical methods in behavioral science (lecture)
University of Illinois at Chicago, IL, USA
- 2010 Computer-based data analysis 2 (seminar)
Freie Universität Berlin, Germany
- 2009 Computer-based data analysis 1 (two courses)
Freie Universität Berlin, Germany
- 2009 Computer-based data analysis 2 (two courses)
Freie Universität Berlin, Germany
- 2008 Computer-based data analysis 1 (seminar)
Freie Universität Berlin, Germany

- 2008 Computer-based data analysis 2 (two courses)
 Freie Universität Berlin, Germany
- 2007 Computer-based data analysis 1 (seminar)
 Freie Universität Berlin, Germany
- 2007 Statistics 2: Accompanying exercise course (seminar)
 Freie Universität Berlin, Germany
- 2007 Using Microsoft Word for master theses (seminar)
 University of Koblenz-Landau, Germany
- 2006 Using Microsoft Word for master theses (seminar)
 University of Koblenz-Landau, Germany

PROFESSIONAL AFFILIATIONS

Association for Psychological Science (APS)
Association for Research in Personality (ARP)
Deutsche Gesellschaft für Psychologie (DGPs)
Society for Personality and Social Psychology (SPSP)

EDITORIAL BOARDS

- 2017- Journal of Personality and Social Psychology: Personality Processes and Individual Differences
2017- Journal of Well-Being Assessment

AD-HOC REVIEWER

Applied Psychology: Health and Well-Being
Basic and Applied Social Psychology
Behavior Therapy
Cognition and Emotion
Developmental Psychology
Diagnostica
Emotion
European Journal of Developmental Psychology
European Journal of Personality
European Journal of Psychological Assessment
Gerontology

Journal of Gerontology: Psychological Sciences
 Journal of Gerontology: Social Sciences
 Journal of Happiness Studies
 Journal of Individual Differences
 Journal of Personality
 Journal of Personality and Social Psychology: Attitudes and Social Cognition
 Journal of Personality and Social Psychology: Personality Processes and Individual Differences
 Journal of Positive Psychology
 Journal of Psychological Assessment
 Journal of Research in Personality
 Personality and Mental Health
 Personality and Social Psychology Bulletin
 Political Psychology
 Preventive Medicine
 Psychological Assessment
 Psychology and Aging
 Review of General Psychology
 Social Psychological and Personality Science
 Social Psychology
 Social Psychology Quarterly
 Social Science Research
 Psychology of Well-Being: Theory, Research and Practice
 Studienstiftung des Deutschen Volkes

OTHER ACTIVITIES

2017-	Graduate student mentor in the Gender Mentoring program of the University of Cologne (Mentee: Jana Berkessel, M.Sc.)
2015-2016	Graduate student mentor in the mentoring and training program MeTra at the University of Bonn (Mentee: Alice Barth, M.A., Department of Political Sciences and Sociology, University of Bonn)
2015	Expert for the enquete commission on family policy in Northrhine-Westphalia of the parliament Northrhine-Westphalia