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**SOEP** Survey Papers  
Series D – Variable Descriptions and Coding

# SOEP-IS 2019–IDRM: Person-related Data from Innovative DRM Module

SOEP-IS Group

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# SOEP-IS 2019–IDRM: Person-related Data from Innovative DRM Module

SOEP-IS Group

2021

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## 1 Overview

Experiential measures of subjective well-being assess affective reactions over time, either by sampling experiences as they happen or by retrospectively recreating experiences soon after they occur. In this module, respondents reconstruct a full day, describing what they did, who they were with, and how they felt throughout the day.

## 2 Variables in File IDRM

**cid** – Case-ID, Original Household Number

---

**hid** – Current Wave HH Number

---

**?** Your household asked has the following household number: <n> (from: soep-is/soep-is-2015/W02:[2824])

**pid** – Never Changing Person ID

---

**syear** – Survey Year

---

2012	69090
2013	57600
2014	52890
2015	49050

**im\_drm\_pre** – Innovative Module: Pretest Day Reconstruction Method

---

0	[0] Does not apply	221100
1	[1] Does apply	7530

**im\_drm** – Innovative Module: Day Reconstruction Method

---

0	[0] Does not apply	7530
1	[1] Does apply	221100

**drm\_wt** – Weekday of survey

---

1	[1] Sunday	3030
2	[2] Monday	22470
3	[3] Tuesday	56280
4	[4] Wednesday	50580
5	[5] Thursday	44520
6	[6] Friday	32190
7	[7] Saturday	19500
-1	[-1] No Answer	0
-2	[-2] Does not apply	60
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

**drm\_a** – When did you get up yesterday?

**?** When did you get up yesterday? (from: soep-is/soep-is-2015/Q332;[3189])

-2	60
00:05	1200
00:10	60
00:20	60
00:25	30
00:30	120
00:40	180
00:50	660
01:00	60
01:05	30
01:30	180
01:45	30
02:00	330
02:10	30
02:15	30
... (105 rows omitted)	224520
13:15	30
13:30	180
13:45	30
14:00	300
14:15	30
14:30	30
14:55	30
15:00	120
15:15	30
16:00	90
16:15	30
17:00	60
17:30	30
19:30	30
23:00	30

**aktnr** – Number of episode

1	7621
2	7621
3	7621
4	7621
5	7621
6	7621
7	7621
8	7621
9	7621
10	7621
11	7621
12	7621

13		7621
14		7621
15		7621
...	(5 rows omitted)	38105
21		7621
22		7621
23		7621
24		7621
25		7621
26		7621
27		7621
28		7621
29		7621
30		7621
-1	[-1] No Answer	0
-2	[-2] Does not apply	0
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### akt – Activity

**?** What did you do afterward? If you did several activities at the same time, we are initially interested in the most important activity. Please select from this list: (*from: soep-is/soep-is-2015/Q333;q2dirm\_x[9106]*)

1	[1] On the way to work/ study or way home from there	5010
2	[2] Way to spare time activity, way back home	3055
3	[3] Working / studying	4538
4	[4] Shopping	2653
5	[5] Preparing food	6647
6	[6] Eating	15162
7	[7] Washing / showering / bathing / brushing teeth / dressing oneself	9857
8	[8] Doing housework	6138
9	[9] Taking care of children, taking them to school, activities	2606
10	[10] Meet friends	1522
11	[11] Resting, taking a nap	2443
12	[12] Relaxing	2654
13	[13] Intimate relations	67
14	[14] Worship, meditation	192
15	[15] Watching TV	7438
16	[16] Reading	2287
17	[17] Computer/ internet	2353
18	[18] On the phone	1012
19	[19] Doing sports	938
20	[20] Visiting a doctor	566
21	[21] Gardening	1086
22	[22] Keep oneself busy with pets (feeding, playing, walking the dog)	1361
23	[23] Other activity	4312
24	[24] End of the day: beginning of the night rest or 12am.	7617
25	[25] Drinking Coffee / Tea	851

26	[26] Listening to Music / Radio	80
-1	[-1] No Answer	0
-2	[-2] Does not apply	136185
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### akt\_s – Start of activity

---

? You specified <activity from Q2drm\_x>. At which time did you start this activity? (from: *soep-is/soep-is-2015/Q334;[3191]*)

	143801
00:05	26
00:10	4
00:20	4
00:25	2
00:30	2
00:40	2
00:50	9
00:55	1
01:00	1
01:05	1
01:15	1
01:20	1
01:30	4
01:40	1
... (251 rows omitted)	83662
22:45	130
22:50	40
22:55	26
23:00	383
23:05	38
23:10	30
23:15	83
23:20	22
23:25	9
23:30	140
23:35	9
23:40	8
23:45	42
23:50	20
23:55	128

### akt\_e – End of activity

---

? At what time did you end this activity? (from: *soep-is/soep-is-2015/Q337;[3194]*)

	143801
00:05	7
00:10	1



00:20	5
00:25	1
00:30	1
00:40	1
00:45	1
00:50	5
01:00	1
01:05	1
01:25	2
01:40	1
01:45	1
01:50	1
... (249 rows omitted)	80431
22:45	397
22:50	81
22:55	66
23:00	1333
23:05	32
23:10	109
23:15	248
23:20	75
23:25	52
23:30	529
23:35	37
23:40	57
23:45	145
23:50	99
23:55	1109

### akt\_sek\_jn - Secondary activity yes / no

---

**?** Did you do another activity from this list at the same time? (from: soep-is/soep-is-2015/Q338;q5drum\_x[3195])

1	[1] Yes	13408
2	[2] No	71421
-1	[-1] No Answer	0
-2	[-2] Does not apply	143801
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### akt\_sek - Secondary activity

---

**?** Please select that activity from this list: (from: soep-is/soep-is-2015/Q339;q6drum\_x[9107])

1	[1] On the way to work / study or way home from there	48
2	[2] Way to spare time activity, way back home	50
3	[3] Working / studying	61
4	[4] Shopping	270
5	[5] Preparing food	352

6	[6] Eating	2171
7	[7] Washing / showering / bathing / brushing teeth / dressing oneself	161
8	[8] Doing housework	327
9	[9] Taking care of children, taking them to school, activities	440
10	[10] Meet friends	200
11	[11] Resting, taking a nap	135
12	[12] Relaxing	190
13	[13] Intimate relations	17
14	[14] Worship, meditation	26
15	[15] Watching TV	2134
16	[16] Reading	1693
17	[17] Computer/ internet	462
18	[18] On the phone	589
19	[19] Doing sports	45
20	[20] Visiting a doctor	23
21	[21] Gardening	41
22	[22] Keep oneself busy with pets (feeding, playing, walking the dog)	189
23	[23] Other activity	1310
24	[24] End of the day: beginning of the night rest or 12am.	2
25	[25] Drinking Coffee / Tea	287
26	[26] Listening to Music / Radio	2185
-1	[-1] No Answer	0
-2	[-2] Does not apply	215222
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### akt\_sek\_s - Start of sec. activity

? You have specified <"activity from Q6drm">. // At what time did you start this activity?  
(from: soep-is/soep-is-2012-aufwuchs/Q7drm;q7drm[635])

? You stated <activity>. At what time did you start this activity? (from: soep-is/soep-is-2012-haupt/Q7drm;q7drm\_s[1533])

	225793	
00:05		2
03:00		1
03:30		2
03:55		1
04:00		3
04:10		2
04:15		1
04:25		1
04:30		4
04:35		1
04:40		1
04:45		1
04:50		1
05:00		2
...	(201 rows omitted)	2774
22:15		3

22:20	2
22:30	7
22:35	6
22:40	2
22:45	3
23:00	5
23:15	1
23:20	1
23:30	1
23:35	1
23:40	2
23:45	1
23:50	1
23:55	4

### akt\_sek\_e - End of sec. activity

---

? You have specified <"activity from Q6drm">. // At what time did you finish this activity?  
(from: soep-is/soep-is-2012-aufwuchs/Q7drm;q8drm[635])

? At what time did you finish this activity? (from: soep-is/soep-is-2012-haupt/Q8drm;q8drm\_e  
[1534])

	225793
00:05	1
03:15	1
03:55	1
04:00	1
04:20	1
04:30	1
04:35	1
04:40	2
04:45	1
04:55	1
05:00	3
05:10	1
05:15	1
05:20	1
... (199 rows omitted)	2663
22:30	38
22:40	2
22:45	9
22:50	2
22:55	5
23:00	40
23:10	1
23:15	5
23:20	1
23:25	2
23:30	9
23:40	3
23:45	3

23:50	3
23:55	34

### akt\_pleasant – Episode pleasant / unpleasant

---

**?** In total, was this episode <activity from Q2drm\_x> from <time> to <time> rather pleasant or rather unpleasant? (from: soep-is/soep-is-2015/Q340;q9drm\_x[3197])

1	[1] Rather pleasant	79495
2	[2] Rather unpleasant	4857
-1	[-1] No Answer	477
-2	[-2] Does not apply	143801
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### ort – Place of episode

---

**?** Where have you been during this period and this performed activity? Activity: <activity from Q2drm\_x> from <time> to <time> (from: soep-is/soep-is-2015/Q341;q10drm\_x[3615])

1	[1] At home	16583
2	[2] At work	1249
3	[3] Somewhere else	4896
-1	[-1] No Answer	39
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around1 – Nobody around

---

**?** Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time> (from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	10316
1	[1] Does apply	12451
-1	[-1] No Answer	0
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around2 – Partner / spouse around

---

**?** Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time> (from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	16643
1	[1] Does apply	6124
-1	[-1] No Answer	0

-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around3 – Friend(s) around

---

**?** Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time>  
(from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	21870
1	[1] Does apply	897
-1	[-1] No Answer	0
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around4 – Colleague(s) around

---

**?** Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time>  
(from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	21621
1	[1] Does apply	1146
-1	[-1] No Answer	0
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around5 – Clients around

---

**?** Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time>  
(from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	22442
1	[1] Does apply	325
-1	[-1] No Answer	0
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around6 – Children around

---

**?** Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time>  
(from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	20833
1	[1] Does apply	1934

-1	[-1] No Answer	0
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around7 - Relatives around

---

? Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time>  
(from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	22022
1	[1] Does apply	745
-1	[-1] No Answer	0
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around8 - Supervisor around

---

? Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time>  
(from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	22558
1	[1] Does apply	209
-1	[-1] No Answer	0
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around9 - Other person(s) around

---

? Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time>  
(from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	22151
1	[1] Does apply	616
-1	[-1] No Answer	0
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### around10 - No information on person(s) around

---

? Who took part in this activity? Activity: <activity from Q2drm\_x> from <time> to <time>  
(from: soep-is/soep-is-2015/Q342;q11drm\_x\_x[3200])

0	[0] Does not apply	22718
---	--------------------	-------

1	[1] Does apply	0
-1	[-1] No Answer	49
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### emotion1 - Happiness

---

**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Happiness (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_1 [3201]*)

1	[1] Not at all	3558
2		1788
3		2877
4		4869
5		4389
6		2748
7	[7] Very strongly	1766
-1	[-1] No Answer	772
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### emotion2 - Anger

---

**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Anger (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_2 [3201]*)

1	[1] Not at all	15962
2		2821
3		1301
4		1170
5		482
6		196
7	[7] Very strongly	87
-1	[-1] No Answer	748
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### emotion3 - Frustration

---

**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Frustration (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_3 [3201]*)

1	[1] Not at all	16807
---	----------------	-------

2	2439
3	1079
4	961
5	451
6	178
7 [7] Very strongly	104
-1 [-1] No Answer	748
-2 [-2] Does not apply	205863
-3 [-3] Answer improbable	0
-4 [-4] inadmissible multiple answer	0
-5 [-5] Not contained in questionnaire	0

#### emotion4 - Fatigue

---

**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Tiredness (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_4 [3201]*)

1 [1] Not at all	10460
2	2569
3	2568
4	2574
5	2063
6	1133
7 [7] Very strongly	680
-1 [-1] No Answer	720
-2 [-2] Does not apply	205863
-3 [-3] Answer improbable	0
-4 [-4] inadmissible multiple answer	0
-5 [-5] Not contained in questionnaire	0

#### emotion5 - Sadness

---

**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Mourning (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_5 [3201]*)

1 [1] Not at all	18889
2	1683
3	542
4	629
5	173
6	67
7 [7] Very strongly	39
-1 [-1] No Answer	745
-2 [-2] Does not apply	205863
-3 [-3] Answer improbable	0
-4 [-4] inadmissible multiple answer	0
-5 [-5] Not contained in questionnaire	0



**emotion6** – Worries

? How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Worries (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_6[3201]*)

1	[1] Not at all	16551
2		2388
3		1298
4		1085
5		454
6		171
7	[7] Very strongly	81
-1	[-1] No Answer	739
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

**emotion7** – Pain

? How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Pain (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_7[3201]*)

1	[1] Not at all	16694
2		1734
3		1168
4		1200
5		710
6		353
7	[7] Very strongly	173
-1	[-1] No Answer	735
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

**emotion8** – Enthusiasm

? How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Enthusiasm (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_8[3201]*)

1	[1] Not at all	6921
2		2447
3		3313
4		4077
5		2841
6		1544
7	[7] Very strongly	894
-1	[-1] No Answer	730
-2	[-2] Does not apply	205863

-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### emotion9 – Satisfaction

---

**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Satisfaction (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_9 [3201]*)

1	[1] Not at all	2425
2		1188
3		2691
4		5205
5		4991
6		3540
7	[7] Very strongly	2040
-1	[-1] No Answer	687
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### emotion10 – Boredom

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**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Boredom (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_10 [3201]*)

1	[1] Not at all	16694
2		2491
3		1125
4		1043
5		414
6		169
7	[7] Very strongly	96
-1	[-1] No Answer	735
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### emotion11 – Loneliness

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**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Loneliness (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_11 [3201]*)

1	[1] Not at all	17954
2		1871
3		785

4		794
5		331
6		176
7	[7] Very strongly	120
-1	[-1] No Answer	736
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### emotion12 – Stress

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**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Stress (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_12[3201]*)

1	[1] Not at all	16309
2		2144
3		1292
4		1169
5		649
6		320
7	[7] Very strongly	152
-1	[-1] No Answer	732
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### emotion13 – Meaning

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**?** How intense did you feel the following feelings while this activity, using a scale from 1 (not at all) to 7 (very strong)? // Deeper meaning (*from: soep-is/soep-is-2015/Q343:Q12DRM\_X\_13[3201]*)

1	[1] Not at all	11483
2		1846
3		1582
4		2615
5		1724
6		1293
7	[7] Very strongly	1216
-1	[-1] No Answer	1008
-2	[-2] Does not apply	205863
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	0

### q13drm – How typical was that day for you, altogether?

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**?** At the end, we now ask you to reconsider the previous described day.  
How typical was this day altogether for you? (*from: soep-is/soep-is-2015/Q344;q13drm[3202]*)

0	[0] not typical at all	4080
1		2880
2		5700
3		5670
4		4080
5		10620
6		7530
7		13830
8		21780
9		12360
10	[10] very typical	13320
-1	[-1] No Answer	30
-2	[-2] Does not apply	60
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	126690

#### q14drm – And how pleasant did you find this day overall?

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**?** And how pleasant did you find this day overall? (from: *soep-is/soep-is-2015/Q345;q14drm* [3616])

0	[0] very unpleasant	630
1		690
2		1050
3		2880
4		3240
5		13500
6		11610
7		19740
8		29070
9		12600
10	[10] very pleasant	6810
-1	[-1] No Answer	60
-2	[-2] Does not apply	60
-3	[-3] Answer improbable	0
-4	[-4] inadmissible multiple answer	0
-5	[-5] Not contained in questionnaire	126690